A prospective Health Impact Assessment with DYNAMO-HIA

The case of Swedish Alcohol Policy

Real Life Example

- EU-Commission ordered Sweden to allow private imports of alcohol
 - This was on grounds of economic harmonization
- Swedish Government contested this decision by commissioning a study to assess the health impact of such a liberalization

Original Study I

- This study was, in effect, a prospective HIA
- Study is split in two steps:
 - Estimating change in alcohol consumption
 - Estimating effect on harm indicators (mortality, crime, accidents)

Original Study II

- Estimating a long-term relationship, usually based on
 - aggregate (population level)
 - pooled (several countries)
 - time-series data (annual or quarterly)
- Adjusting for further variables as suggested by (economic) theory



Now with DYNAMO

- Advantage
 - Includes diseases
 - Accounts for population structure
 - Uses epidemiological relative risks
 - Includes (almost) all the data you need

Limitations

- It needs an age structured intervention prevalence data
- Alcohol harm measures are not included in the general data set

population prevalence of alcohol



women

A detailed look

Prevalence for 35 year old males



Grams of Alcohol per day

Our Approach

Calculate the total mean consumption in Sweden

- Add the assumed change in consumption (1L) and calculate the average percentage change
- Draw individuals from each category assuming uniform distribution (each draw has a particular daily consumption, e.g. 14.2 mg)
- Multiply this consumption by the calculate percentage change
- Aggregate individuals in the 5 categories



Excel Example



Results



population prevalence of alcohol solid line for reference scenario, dashed line for intervention scenario

	Reference Scenario		Intervention	Scenario	
	numbers	r	numbers		Difference
IHD	428,727			428,026	701
Stroke	192,924			194,616	-1,692
Diabetes	385,216			391,793	-6,577
Lung Cancer	5,753			5,750	3
Oral Cancer	11,738			12,495	-757
Esophageal Cancer	1,241			1,300	-59
Colorectal Cancer	47,775			48,062	-287
Breast Cancer	108,854			110,661	-1,807
COPD	131,118			130,850	268
With at least	1,081,720			1,088,547	-6,827
Size of total population	9.206.131			9,210,437	

Assumptions we made

- Uniform distribution within each category
- Each age group reacts with the same intensity (but not with the same amount!)
- Abstainers are mostly unaffected
- Instant effect of change, i.e. only changing the risk factor prevalence

Difference between the two approaches

- DYNAMO projects a lower number of death as the Regression approach
- Some reasons are
 - DYNAMO does not account for crime, accidents, suicides by abstainers or victims of heavy drinkers
 - An increase in overall alcohol consumption might yield an in more unhealthy pattern in consumption (increase in binge drinking)
 - Population aging?

Other Options Considered

- Using a prevalence observed in 2010
- Get more detailed data on the effects
 - By age
 - By sex
 - By consumption behavior
- Do you have a suggestions?